



THE ROTARY RAZZ

Rotary Club of Oak Park - River Forest, Illinois

Meets Wednesdays
12:15 p.m.
Brookdale Plaza Oak
Park, 1111 Ontario
Oak Park, IL 60302
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RAZZ Editors, Rick Hibbert
and Lesley Gottlinger

Club 3190
District 6450

<http://www.oprfrotary.org>

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TODAY IN ROTARY September 26th, 2018

Condolences to . . .



Ruth McLaren on the passing last week of her sister, Ann Lynn Sparagana, 61. Ruth said, "It was unexpected. I'm now a cat mom." Her sister lived in

EVANSTON for many years and was a beloved Montessori teacher and artist. Never married, no kids, Ann Lynn was a favorite aunt to six.



Introducing
2018-2019
Rotary Youth
Exchange
Students:



Miki Takabayashi
& Rafael Moraes-Batistella



The family of friend and long-time Rotarian Charles J. "Chuck" Bednar Jr., 82, who died September 18 in Galena IL [Info available on-line]

Also, THIS WEEK in Rotary

9/29 - D6450 Outbound Youth Exchange Interviews
- Hinsdale - 8AM - 3PM



9/30 - Interact Service Project
Kairos Cookie Bake
Grace Episcopal Church 2 - 6PM
924 Lake Street, OP

Message from Laurie about Werner: Do tell folks that Werner can see people at Symphony Hanover Park [2000 W Lake St, Hanover Park, IL 60133]. He can get texts and emails - werner@huget.com - as well as phone calls - 708-421-0093

Reminder from Ruth. Dues may be paid at luncheon meetings by credit card - and yes, we do take American Express. See Lesley to make your credit card payments.



NEXT WEEK - October 3, 2018
Field Trip to
19th Century Club, Oak Park

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CUCINA PIZZERIA
SAHAGIAN



"Simply Rotary" has meant streamlining information pushed through Club channels. For example, you may have noticed that the RAZZ no longer has flyers and announcements from outside sources. We are setting limits and making hard choices.

Focus is the primary reason. Information we send should be focused on Rotary, not other organizations.

The second reason is respect for our own volunteers. It takes time to turn someone's email into a formatted RAZZ post or to append a flyer. That is a lot to ask from our Club Service communications volunteers.

Finally, from a privacy perspective, we do not have permission to email you non-Rotary information. It is difficult to explain that to a friend with a flyer for a good cause. Emailing it to members seems so harmless. But think about: it fails 2, 3 and 4 of the 4-Way Test unless we open ourselves up to all good causes that want our attention.

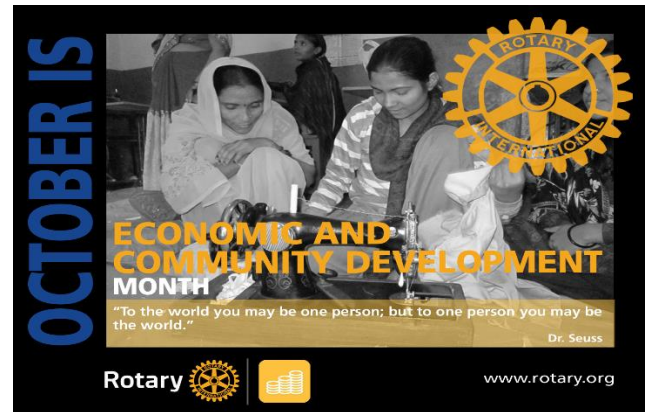
So how do you get our attention? First, every member now can post events on the calendar. Be judicial: please only post service events or events meaningful to members or previous grant recipients.

Second, we added a "Community Bulletin Board" to the website. Send info for the bulletin board to George, Lesley or me to post. Lesley will highlight the event in the RAZZ with links to the website for more information.

Third, come to luncheon and make an announcement. Bring handouts. Invite guests to help spread the word.

We celebrate all your passions and efforts to do good in the world outside of our Club. We want to celebrate that and assist you. At the same time, we reserve our formal communications channels for Rotary.

Wishing you
Peace and
Prosperity,
President Cathy



OCTOBER 2018

3 - Program: 3X5 - Fireside Chats - **Field Trip to 19th Century Club, Oak Park**

5-8 - RYLA - Williams Bay, WI

10 - Program: David Phelps - Rotary One

14 - Interact Mtg. - OP Township Offices - 1PM

17 - Program: Lola Wright - Bodhi Spiritual Center

20 - D6450 Fall Training - Burr Ridge - 7:30AM

24 - Program: Nancy Fleming - Cert Nurse Midwife

27 - Interact Platform Tennis - RF Park District

28 - Interact Mtg. - OP Township Offices - 1PM

31 - Kathy Doherty - 2018 RI Peace Fellowship Scholar to Thailand

A few CLUB REMINDERS . . .



From Rick Hibbert: Blackhawks tickets. Currently, there are a few tickets remaining. Let Rick Hibbert know. Wed., Nov. 14 vs. longtime rival St. Louis Blues. Tickets are in section 303 rows 6 and 7. Tickets are \$115 each.

From Charles Wells, Directory Editor and publisher, announced work on the directory is progressing nicely. The plan is still to have the Directories available for members by the beginning of October.

Going along with our 1st Wednesday Field Trip lunch meeting plan, the first Wednesday in October, **Oct. 3rd, we're at the 19th Century Club.**



**SAT, OCT 20
AT 7:30 AM**

**District 6450 Fall
Training 2018
Chicago Marriott
SW at Burr Ridge**

Meeting Notes Sept. 19th, 2018

Amanda Young opened the meeting by leading the group in the Pledge of Allegiance. PDG Scott McAdam gave the Invocation. Marta Alvarado introduced our guests for the day:



Tony Martinez new President and CEO of the Oak Park River Forest Community Foundation, seated with John Hedges

Miles and Erin Fountain, guests of Club and Eric Van Ness, from the Institute for Positive Mental Health



Lewis Jones, manager of Coldwell Banker [formerly Gloor Realty], perspective member, seated with Dr. Mary Ann Bender, and

Joyce Callahan, pictured with Linda Sahagian and Christine Baissac-Hayden



President Cathy then shared exciting Vocational Service News about two of our members:

Philip Jimenez and Dr. Mary Ann Bender were among this year's honorees receiving the Dr. William Fitzsimmons Public Health Award for their contributions to the health and well-being of Oak Parkers.

Representing the **West Cook YMCA - Philip Jimenez**: Over the past few years the West Cook YMCA has developed tailored, evidence-based programming to support individuals struggling with chronic disease. Some examples include a Diabetes Prevention Program,

LIVESTRONG at the YMCA supporting cancer survivors, EnhanceFitness, an arthritis management program, a "Healthy Weight and Your Child" program, and a Workplace Wellness program and programming specifically targeted towards the older adult population. The West Cook YMCA has also developed strong partnerships with local health care providers, truly exhibiting an organization that has gone above and beyond the call of duty to create a healthier Oak Park.



Dr. Mary Ann Bender, Oak Park River Forest Chamber of Commerce Health & Wellness - Through her work leading Chamber of Commerce's Health & Wellness sector, Dr. Bender has helped build community among health and wellness providers in Oak Park so that providers can more easily refer each other, understand each other's services, collaborate and support a continuum of wellness from holistic to eastern to western approaches and philosophies. This, in turn, has made it easier for residents to access services and understand options for healthier living.



President Cathy then presented Bill Planek with a Spirit of Service Award for his work on this year's 8th Annual Golf Outing.



PDG Scott then presented Immediate Past President Robert Stelletello with the Presidential Citation from Past RI President Ian Riseley, noting that "OPRF was one of only 9 clubs in the District that received this prestigious award!" Way to go, Robert!!



Before sharing a few club reminders [see notes on page 2] President Cathy asked, "Bet you're wondering how you can get a really great Rotary shirt like this one?... Just go online to the Rotary website, she explained, and you can find any Rotary apparel you desire!!"

She then went on to explain her reasons for joining Rotary: Friendship, Service, and Professional Development. That said, she reminded folks to register for Spring Training coming up October 20th. Oh, and did she mention, "It's **FREE!**"

Robert Stelletello took a moment to let folks know that after a great five-year run, Cathy is leaving the OP-RF Chamber. He thanked Cathy for her work and wished her well in her new endeavor/adventure.

Time for the program, which this week featured Committee reports from Iris Saavedra, International Service Chair, and Lesley Gottlinger, Youth Services Chair.

Program Notes Sept. 19th, 2018

Iris began her presentation by sharing a story of how she came to Rotary including her father and Jaime Escobar's medical connection and the



Bolivian Medal of Honor which both men had previously received. She noted that on her father's death, her sister "suggested" that she - Iris - needed to "do something" to give back. Luckily for us, Iris chose to follow in her father's Rotary footsteps!

Iris gave Rotarians a brief description of RI's Six Areas of Focus as they pertain to International



Service and OPRF's contributions in each of these areas. Iris noted that all projects are possible only when there is peace - the 6th Area of Focus.

As Iris spoke, she gave **specific** examples of projects where OPRF had become involved:

- **Disease prevention and treatment.** Laparoscopic surgery in Bolivia and hospital building in Sierra Leone with Dr. Sam Kormoi.
- **Water and sanitation.** Water project in Guatemala and water projects in Ecuador. Both projects affected thousands
- **Maternal and child health.** MIMA in Bolivia, citing a story about woman with cancer. No cost/no debt gave hope to family.
- **Basic education and literacy.** KidzExpress, books for library in Sri Lanka, and women's education project in Senegal
- **Economic and community development.** micro loans given to different countries. Last year funds were given to a project for women in La Paz, Bolivia.
- **Peace and conflict prevention/resolution.** KidzExpress, our current reverse Global Grant.

Iris went on to give a brief description of the multiplier effect of Global Grants. She closed by talking about domestic and international cooperation for global grants as part of RI's focus with these grants.

Lesley's portion of the program centered on Youth Services.

She began by sharing information about the Youth Exchange program, both Inbound and Outbound. Once again, and as always, she expressed a need for **Host Families** for our students. She noted that Outbound interviews for students traveling abroad for the 2019-2020 school year would be taking place on Saturday, September 29th and any Rotarians interested in being part of the interview teams would be more than welcome.



was next up for discussion. It is a 4-day event taking place

over Columbus Day weekend, October 5 - 8. Put on by the Outdoor Wisconsin Leadership School in Williams Bay, Wisconsin, students are sponsored by Rotary Clubs who pay the \$335 fee for each student attending. Registration deadline is October 1, and Lesley is still taking applications from any of our area high school students.

Lesley went on to share current activities being undertaken by our Interact Club. Their Kairos Cookie Bake service project takes place Sunday, September 30th, at Grace Episcopal Church, and they welcome any volunteering Rotarians. They are always looking for suggestions and requests for service projects. Their plan is to complete a minimum of one service project per month.

Interact members are currently planning a Platform Tennis activity at the end of October to hopefully attract new members to both the Interact Club and the Interact Community Corps which they are working very hard to put together. Additionally, they are beginning work on a web-page and calendar as part of the OPRF Club web site.



They may be a small group still, but they are mighty - and active!!

They are also very actively

supported by our club members and their organizations. Thanks to Philip Jimenez and the West Cook YMCA for providing family memberships for each of our youth exchange students and their host families for the next 5 years! Thanks, as always, for the support of members like Jim Marshall, a firm believer in youth, as evidenced by his annual scholarships, and Amanda Young and Christine Baissac for providing homes, opportunities and outings for our young people!!

Charlie Williams made sure that ALL Rotarians realize that programs such as these are possible through the support, kindness and contributions made to The Rotary Foundation by members like Jim Marshall and Lou Fabbri who were our very first contributors for this Rotary year.

Philip Jimenez led the group in The Four-Way Test, and off we went to continue "Doing Good in the World!" and "Being the Inspiration!!"



A few More Meeting Photos . . .

[L] Matt Sullivan & Jim Marshall - Below: Phil Barry and Mike Sletten



This week focuses on Exchange student Miki

who had a very busy and exciting week! A visit from a family friend and Rotarian



from Japan, and dinner at Trattoria 225 with her host family including host Gramma Nancy



Teclaw, Homecoming, her 1st Interact meeting, and a few minutes out for ice cream!

