



THE ROTARY RAZZ

Rotary Club of Oak Park - River Forest, Illinois

Meets Wednesdays
12:15 p.m.
Brookdale Plaza Oak
Park, 1111 Ontario
Oak Park, IL 60302
708-383-1111

Club 3190
District 6450

Cathy Yen, President
708-613-0550
cathyyen@aol.com

RAZZ Editors, Rick Hibbert
and Lesley Gottlinger

<http://www.oprfrotary.org>

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November 14, 2018



Calling all singers, if you want to join the Glee Club, please send your email address to Bob Giles at gilesrw@aol.com.

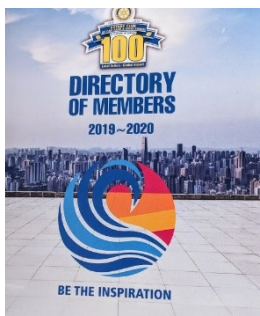
TODAY IN ROTARY
November 14, 2018

Board Meeting - 10:45

Glee Club Rehearsal - 1:30 PM

Meet our 3 Newest Rotarians

Lewis Jones Antonio Martinez Laura Bezinovich



Oak Park-River Forest Rotary's new directory is complete and will be distributed at the upcoming Nov. 14 meeting. Directories are addressed and will be distributed alphabetically by name when you enter our meeting area.

Thanks, Charles Wells!!



Also, **THIS WEEK** in Rotary
Nov. 16 - **Werner Huget Comes Home**
Nov. 18 - Interact Meeting
Video Conference - 1 PM

How to Reach Out to Ginie Cassin:

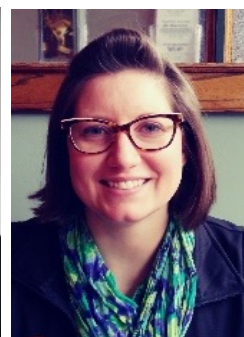
8182 Excelsior Road, Apt 318, Baxter, MN 56425

2 tickets for the Nov 14 Chicago

Blackhawks game vs. the St. Louis Blues just became available.



Cost is \$115 each. Need to sell both together. Will go to the first person to contact me. I can bring the tickets to the Nov. 14 Rotary meeting. Check should be made out to the Rotary Club of Oak Park-River Forest. Cash is good as well.



Sponsored by Jim Lencioni, **Lewis R. Jones** is with Coldwell Banker Residential Brokerage. Sponsored by John Hedges, **Antonio "Tony" Martinez, Jr.** now heads up the Oak Park-River Forest Community Foundation. Sponsored by Lesley Gottlinger, **Laura Bezinovich** is in Sales with Brookdale Home Health.

See Inside for the following:

- Making the World a Better Place, One Rotarian at a Time . . . pp. 5 & 6
- District Notes . . . p. 7
- Holiday Lunch Notes . . . p. 7





"Do what you can with what you have where you are."

Three sources of inspiration are getting me through the pain and agitation arising in our world these days. The first is this quote from Teddy Roosevelt. As Rotarians, we are "people of action" and are anxious to DO. President Roosevelt reminds us that you don't have to wait until the perfect moment or until you have all the resources you could want. Just do your best with what is available to you.

The second source of inspiration is none other than Greg Kimura's poem "Cargo" which our own John Williams brought to us. "Cargo" tells us that we each have special gifts and a responsibility to share them with the world.

"Cargo" lends new meaning to Roosevelt's quote, when you consider that "what you have" includes your very own cargo - something pretty special that you alone are here to share. Put together, the quote and the poem challenge us to look inside and figure out exactly what our cargo is. And use it.

My own Rotary Club is the third inspiration. In fellowship and friendship, we don't often think about how amazing each and every one of our members are outside of Rotary. We each have our own cargo. Each of us is delivering it, sharing it with the world, making the world a better place.

Last week I asked everyone to identify one of his/her gifts and how it is being shared. The abundance of gifts is breathtaking. We already have what we need to make a difference. We are doing it.

I am impressed, inspired and grateful. I am hopeful, even in tough times.

Wishing you
Peace and Prosperity,
President Cathy

Together,
we see a world where
people unite and
take action to
create lasting change
across the globe,
in our communities,
and in ourselves.

Rotary International
Vision Statement
June 2018



NOVEMBER 2018

21 - Dr. Jerry Lordan

22 - HAPPY

THANKSGIVING

28 - Gary Arnold -
Progress Center for
Independent Living

DECEMBER 2018

5 - Program: TBD

8-9 - Youth Exchange Downtown Weekend

9 - Western Springs Holiday Party - Exchange
Students & Interact Club

12 - Program: TBD

12 - Ice Cream Social for Brookdale Residents

19 - Holiday Party - Rustico's - **OFF-SITE LUNCHEON**

26 - NO MEETING - HAPPY HOLIDAYS

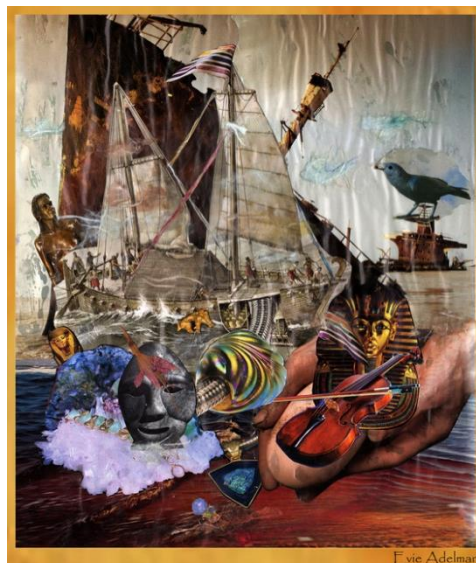
Meeting Notes November 7th, 2018

"There's always room for pie! This is your dessert warning!"

"Rotarians, welcome to Wednesday!"

We were ready to go! Our November 7th weekly Rotary meeting began. Mickey Baer led the group in The Pledge of Allegiance. President Cathy asked all OPRF Rotarians veterans to remain standing for a round of applause as we all thanked them for their service.

BJ Kerch introduced our day's speaker as our only guest: Lt. Col. Nicholas Bugajski [pictured with President Cathy.]



Cathy then asked John Williams to read Greg Kimura's poem Cargo as she termed it "a most fitting invocation for the day."

Cargo

You enter life a ship laden with meaning, purpose and gifts
sent to be delivered to a hungry world.
And as much as the world needs your cargo,
you need to give it away.
Everything depends on this.

But world forgets its needs,
and you forget your mission, and
the ancestral maps used to guide you
have become faded scrawls on the parchment of dead Pharaohs.
The cargo weighs you heavy the longer it is held
Spoilage becomes a risk.

Your ship sputters from port to port and at each you ask:
"Is this the way?"

But the way cannot be found without knowing the cargo,
and the cargo cannot be known without recognizing there is a way,
It is simply this:
You have gifts.
The world needs your gifts.
You must deliver them.

The world may not know it is starving,
but the hungry know,
and they will find you
when you discover your cargo
and start to give it away.

Greg Kimura

President Cathy then shared a personal reflection:

"I woke up this morning, feeling overwhelmed and agitated. As I sat checking Face Book over coffee, I saw there's a lot going on - in the high school, in the community! I became more agitated. Things need peace. I finally came to realize I'm not the person to fix it all!"

"I can feel sympathy, not always empathy." She went on to quote a FB friend, saying, "Just pick a lane, and drive fast!"

Calling it a Peace exercise, Cathy went on to share the purpose of the strips of paper which had been disbursed. She asked us all to take a few minutes, think about the questions - "What is your gift?" And "How do you use that gift...?" Then write down our answers and return them to her.

"We are people of action," Cathy noted.
"We all have a way to make it better."



Cathy then asked Dr. Mary Ann Bender to share what she has been doing to make it better. Mary Ann explained she volunteered her services in an emergency shelter on Thursday, Nov 1. While providing 9 clients with foot care,

she took the time to educate and converse with each person, and all reported immediate results with decreased foot pain.

Glee Club Director invited Glee Club members and all interested Rotarians to, "Please join me around the piano after the Rotary Meeting this Wednesday, November 14, 2018, at 1:30 PM to rehearse the songs for the holiday party, Dec. 19."

Dr. Escobar announced that he and his committee - Nabil and Ade - would be shopping after lunch for jackets and coats for homeless veterans. He shared that \$720 had been collected, and if anyone had additional contributions, please see him at the end of the meeting.

President Cathy shared that it made her feel better knowing she was coming here [to Rotary] today.

At the end of Lt. Col. Nicholas Bugajski's presentation, Ruth McLaren led the group in The Four-Way Test and sent us on our way.

Program Notes: November 7th, 2018

Eric Van Ness introduced our speaker:

Army Lieutenant Colonel Nicholas Bugajski, Chicago native, a 1996 graduate of Fenwick High School, a 2000 graduate of the United States Military Academy at West Point, and a 2007 graduate of Georgetown University's McCourt School of Public Policy, has served in various leadership positions throughout his career. He has spent time writing policy at the Pentagon, instructing classes in organizational



leadership at West Point, deployed to Saudi Arabia, South Korea, and Iraq, and served as the speechwriter for the US Army General in charge of all US and NATO operations in Afghanistan. He currently serves as the Chair of the Military Science Department at Loyola University-Chicago. His greatest achievement is his family - wife, Regan, and five sons all under the age of 7.



Bugajski began by noting that this year recognizes and celebrates the 100th anniversary of the signing of the Armistice ending WWI. The following November of 1919, President Woodrow Wilson proclaimed the first Armistice Day.

Veterans Day originated as "**Armistice Day**" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938.

Unlike Memorial Day, Veterans Day pays tribute to all American veterans—living or dead—but especially gives thanks to living veterans who served their country honorably during war or peacetime.

In 1954, President Eisenhower officially changed the name of the holiday from Armistice Day to Veterans Day. Veterans Day occurs on November 11 every year in the United States.

In 1968, the Uniform Holidays Bill was passed by Congress, which moved the celebration of Veterans Day to the fourth Monday in October. The law went into effect in 1971, but in 1975 President Gerald Ford returned Veterans Day to November 11, due to the important historical significance of the date.

The Colonel shared some statistics including the 9mm that died during the Great War, noting that set the conditions for wars to come. He asked that we once again recognize our OPRF veterans. Thanking them for their service, he noted they are part of the real 1% of heroes in our nation.



Charles Wells, Tom Ewert, Lou Fabbri, Eric Van Ness, John Hedges, and Lt. Colonel Nicholas Bugajski

Bugajski shared some of his own personal BG saying he grew up around the Harlem and Belmont area of Chicago. Working at Shriners Hospital, his parents instilled their children with

family values of hard work, service and discipline. Nick himself considered becoming a lawyer or politician. He went on to play water polo and football at Fenwick, never thinking of military service as part of his future.

One day, however, his father came home from a walk, which Nick pointed out had to be a "really long, out-of-the-way walk," with a West Point Military Academy flyer he had picked up from Congressman Rostenkowski's office. That fatherly "suggestion" paid off big for Bugajski who went on to attend the Academy at West Point, having his 4 years of college tuition fully covered.

After playing rugby and achieving passable academic scores, he "paid his five years of penance" until he ended up at Fort Carson, CO, where he headed the MP battalion comprised of all older soldiers with much more experience than he. He was 21 years old at the time.

In discussing leadership, the Colonel talked about two Latin words: *inspirare* and *filelia* - to inspire and to be faithful or loyal. He talked about breathing life into others [the definition of *inspirare*], sharing THAT must be the goal of leadership. By action, example and level of caring, there is a love and trust [*fide et dilectione*], a deep friendship and a shared sacrifice that is reached. He quoted French philosopher Andre Malraux as saying, "To command is to serve. Nothing more, nothing less."

At this point, Nick shared that his dad's trick was the greatest and most meaningful experience of his life next to his wife and five boys!

Before opening the floor to questions, he asked a favor of our OPRF veterans:

"I need your help," he said. "Share your experiences which properly portray the military and the great American soldier. All they know is what they see on social media and in the news."

Some of the questions posed included:

- Afghanistan - how long will we be there?
- What about China?
- Would there be more respect if there were compulsory military service?

- How does West Point train you to be a leader? What's different about its curriculum?
- What about helping members of the military cope with their experiences? [Noting 22 veteran suicides daily.]

During questions, he noted that less than 25% of our youth could serve in our military for many reasons including health, academics, and other medical issues.

Several folks shared thoughts and personal family experiences:

- Nancy Teclaw's father-in-law served during WWI and never spoke of his time in service.
- Lou Fabbri's father-in-law, who would have been 128 years old that very day, was an immigrant who joined the military to gain US citizenship. Is that still available today?
- Pav Pavlovic spoke of happenings in Serbia and Albania.

The final question was, "Please explain the medals and insignias you are wearing."

Eric Van Ness then presented our speaker with a certificate stating that 50 youngsters would be inoculated against the polio virus.

Once again, if you missed this program, you missed an engaging and powerful presentation. Hope to see you next week.



Making the World a Better Place, One Rotarian at a Time

At our November 7th meeting, Rotarians of the Oak Park - River Forest Club were challenged to think positively about the way each of us can impact the world in our own special way. Inspired by Greg Kimura's beautiful poem, "Cargo," we took a minute to think about our own cargo, our own gifts we have to share with the world. The result was inspiring.

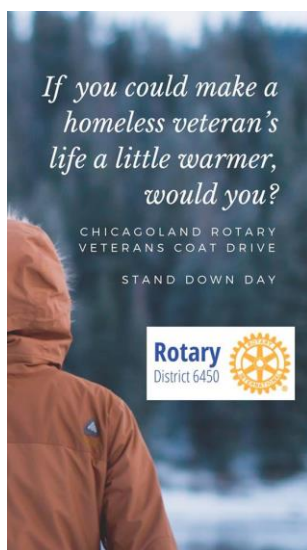
When asked to identify one's own "cargo," here is what our Rotarians had to say:

"My cargo is..."

Listening. Helping people communicate. Energy. Drive. A flashlight, beaming a light of quiet. Connecting people. Leadership. Civility. Caring, kindness and hard work. Bridge-building. Awareness of others needs and willingness to help. Organization and productivity. Forgiving people who have offended me or hurt me. Teaching. Seeing people. Music. Making people feel good. Writing. Contributing to the success of future generations in body, mind and soul. Friendliness and joy. Bridge-building. Humor, compassion, love, leadership and passion for life. Happy, positive attitude. Architectural planning. Leadership training and education. Listen, listen, love, love. Good interpersonal relationships. Passion for the underserved and the disparity in health. Communicating. Helping Others. Bringing some joy and laughter, some perspective that will provide "other real facts." Growth and mentorship of others. Fix things. Positive attitude. Knowing the love of God [though I forget it sometimes.] Helping people. Deciding my next steps after retirement. Empathy and positive feelings. Consistency. Bringing people together. Listening intentionally and helping thoughtfully and with care. Will to help and work to make people happier. Kindness, empathy and an ability to read people. Love.

We are the caretakers of the gifts the world needs. We already have what it takes to make a difference.

Sometimes it is easy to lose sight of the good we are doing, especially in troubled time. We asked our Rotarians to think about how they are using their cargo to spread peace in their own



**It's not
too late
to volunteer
to help**

https://rotary6450.clubexpress.com/content.aspx?page_id=4002&club_id=931079&item_id=860637

lives. Turns out, we are doing some pretty spectacular work. We are delivering our cargo.

Here's what our Rotarians said when we asked how they are using their gifts:

I use my cargo to spread peace by:

- Viewing the world as a place that can change and encouraging the future generation to feel empowered as well
- Setting the tone and demeanor of discussions on important issues
- Helping connect people to resources they need
- Shining a light into each soul I encounter
- Helping parents and listening to friends and staff
- Improving possibilities and outcomes for people and organizations
- Reaching out to people who have offended me
- Singing to so many in so many venues to bring people together through song
- Telling stories to help people find and deliver their cargo
- Making printed material that helps people communicate
- Finding clarity for people and organizations
- Helping people to enjoy their day
- Publishing stories and spotlighting people promoting peace
- Assisting not for profits, including Sarah's Inn, Opportunity Knocks, YMCA, House in Austin and St. Giles
- Being involved in community, leading my office and loving it all!
- Educating the next generation about the world
- Making eye contact and greeting everyone I meet with friendliness and a smile
- Being in the shelters, prisons, and in the world
- Letting people know I am there for them.
- Holding conversations with both happy and troubled people
- Educating and trying to bring people and children to kindness
- Passing on my knowledge and a legacy of passion and community
- Spreading cheer
- Using my position in healthcare to impact communities
- Healing others' traumas
- Coaching others on their opportunities

- Being involved with several not for profit organizations
- Listening to my kids, staff, patients, husband (sometimes). Sometimes people just need you to listen.
- Helping anyone and everyone that asks me.
- Not getting too high or too low - helping calm others.
- Letting people know I am available - and actually being so - to offer a shoulder, share information, provide support and just plain listen - especially listen - all the while being non-judgmental
- Helping others see the bright side of a situation.
- Convincing other people to work together for a better world
- Loving others
- Helping others and making them feel better about their plan
- (Focus on) one person at a time
- Working with seniors and helping with resources
- Helping others and making them feel better about their plans
- Trusting in my abilities and living my passion to love, lead and inspire
- Helping build up organizations

The world is a beautiful place, filled with beautiful people. We are reminded of that as Rotarians and reminded that our role is to shine a light on that beauty and ensure that it is accessible to all. We have cargo. We have gifts. We are here to deliver that cargo and share our gifts.

Learn more about how Greg Kimura's poem Cargo is impacting people around the world at www.cargopoem.com

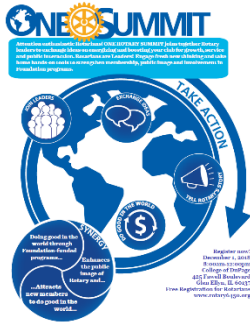




Rotary District 6450

Join our community of leaders to exchange ideas
and take action at home and around the world.

Visit your District's Website
www.Rotary6450.org



Sign Up For One Rotary Summit

Come to learn about the synergy of
Membership, Public Image and
Humanitarian Service.

It is scheduled for the morning of
Saturday, December 1st.

and will be moderated by PDG Pat
Merryweather.

[One Rotary Summit - 12/1/2018](#)

Sign up for the Rotary Elves X-Mas Celebration **ROTARY ELVES X-MAS CELEBRATION**

How about a service project & a party?

December 4, 2018

\$20 Per Person

Funds used for supplies to make gift stockings

Food provided by Alvernia Manor

BYOB

Tuesday, December 4, 2018

6:00 - 8:00 PM

Alvernia Manor

13950 Main Street Lemont, IL

Global Grants Management Seminar - 12/15/2018

If your club is considering doing a Global Grant this
year, we strongly encourage you and your team to come
to the Global Grants Management Seminar.

The training will cover:

- the Global Grants process
- new requirements and guidelines
- how to use the Grant Center
- developing "reverse" global grants for local projects
- specific grants questions

We invite global grant teams, clubs interested in
funding global grants, international service committee
members, foundation chairs, club officers, district
leaders and ANYONE who wants to Do Good in the
World to participate. EVERYONE is invited!



Rotary Holiday Lunch

December 19, 2018 - 12:00 - 1:30 PM

Celebrate the WARMTH of the season
with lunch and festive holiday songs at Rustico,
722 Lake Street, Oak Park. Please consider
bringing a pair of NEW men's socks [thick white
socks are preferred] to donate to Housing
Forward to keep the feet of those who are
homeless WARM during the upcoming cold
months. Luncheon registration is required and is
available online now or in person before the
Rotary meetings on December 5 and 12. Lunch will
include salad, entrée [three choices and a
vegetarian option], dessert, and water/coffee.
Other beverages can be purchased at the event
from your server.

Rotary Members \$10

Guests \$25

As Rotarians . . .

**We
Are
Really
Made
To
Help**

