



# THE ROTARY RAZZ

Rotary Club of Oak Park - River Forest, Illinois

No in-person meetings until further notice

Club 3190  
District 6450

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April 7, 2021

## TODAY IN OPRF ROTARY April 7<sup>th</sup>, 2021



**Kevin Kuhn**  
Forest Preserve District  
of Cook County

Kevin Kuhn is happy to be working with those who love and support the Forest Preserves of Cook County. Kevin's efforts are focused on supporting the thousands of volunteers who care for their public lands....all year round. In addition to being a Cook County employee for years, Kevin also enjoys being a volunteer himself in the Forest Preserves of Cook County. Kevin has many years of experience as a public-school teacher and in environmental education.

"The Forest Preserves of Cook County, with nearly 70,000 acres, is the largest forest preserve district in the United States. It receives an estimated 62 million visits each year, providing an escape into a world teeming with wildlife and rich with outdoor recreation and environmental education opportunities. Within its boundaries are rare habitats that offer plant and animal diversity on par with the rainforests of the world. This natural heritage offers something for everyone."

## Also, This Week in OPRF Rotary . . .

Huppert Woods [River Grove] clean-up  
sponsored by OPRFFP Interact Club  
April 10<sup>th</sup> - 9AM to noon. Limited to  
25 - **16 currently** registered.



Box lunches will be provided

To sign up, let Lesley know

4/11 - Interact Meeting - 1:00 PM

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**Trouble logging on to OPRF's Zoom, reach out to:**

Eric Van Ness - Cell: 517-414-8397

[evanness@wradvisors.com](mailto:evanness@wradvisors.com)

Sue Quinn - Cell: 312-342-1750

[Sue.quinn7777@gmail.com](mailto:Sue.quinn7777@gmail.com)

Lesley Gottlinger - Cell: 708-751-2821

[bookgramma@gmail.com](mailto:bookgramma@gmail.com)

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### PLATINUM

RUSH  
OAK PARK HOSPITAL

### GOLD

aria  
GROUP



forest  
insurance



BY  
Byline Bank

OakPark  
Apartments.com

### SILVER

BrightStar Care  
 Alvord  
 Palm Court  
 The Village  
 The Village  
 The Village

### BRONZE

SAHAGIAN  
 FIFTH THIRD BANK  
 FOREST PARK BANK

## The President's Corner

Thoughts to Share . . .



### Supporting the environment becomes a New Rotary International Area of Focus

More than \$18 million in Foundation global grant funding has been allocated to environment-related projects over the past five years. Creating a distinct area of focus to support the environment will give Rotary members even more ways to bring about positive change in the world and increase our impact.

### Rotary shares an interest in protecting our common legacy: the environment.

We are committed to supporting activities that strengthen the conservation and protection of natural resources, advance ecological sustainability, and foster harmony between communities and the environment. We empower communities to access grants and other resources, embrace local solutions, and spur innovation to address the causes and reduce the effects of climate change and environmental degradation.

What better time to think about Rotary's new 7<sup>th</sup> Area of Focus than Spring when we look at the renewal of nature and the natural world? After all, it is in spring that we turn our attention to the months to come and the weather they will bring, and with it the growth, the harvest, and all that is good, new, and fresh.

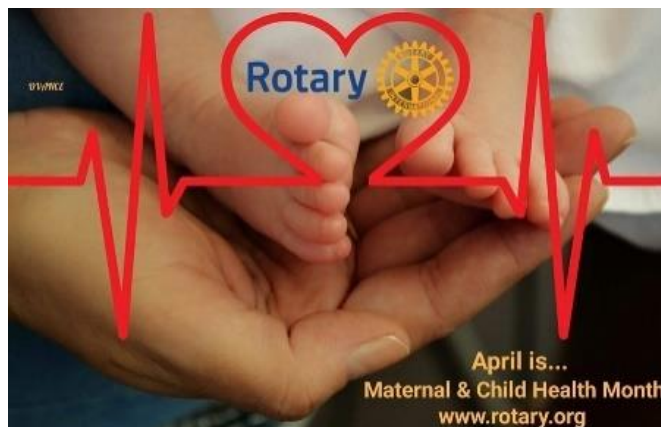
According to John Williams, "A nice thing about Spring is that it happens everywhere: in the carefully tended fields of farmers, in the woods, in the backyard, in the spaces between the cracks in the sidewalk and driveway, in the landfills."

### Spring is a Most Delightful Season!

Summer, winter, and fall may have their fans, but spring is clearly the most delightful of the four seasons. Here are just a few reasons why spring is great:

1. Temperatures are moderate, and there is more daylight.
2. The bird return and baby animals are everywhere.
3. You can open your windows, or you can go outside!
4. It makes you more creative.
5. The leaves come back, and flowers are in bloom.
6. It's easy to find fresh produce.
7. It's just plain good for the soul!!

*Yours in Rotary,  
Sue Quinn  
President 2020-21*



### April 2021

- 4/14 - Club Assembly
- 4/17 - D6450 Global Grants Management Seminar Online
- 4/24 - D6450 Great Lakes Watershed Clean-Up
- 4/25 - Interact Social Justice Book Clun
- 4/21 - Rotary Orientation
- 4/28 - Rick Harnish High Speed Rail

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### OPRF Rotary April Birthday Babies



- 2 - Ade Onayemi
- 6 - Jan Arnold
- 9 - Charles Wells
- 9 - Charles Williams
- 12 - Eric Van Ness
- 15 - Linda Sahagian
- 16 - Christine Baissac-Hayden
- 16 - Carla Sloan
- 25 - Patty Eggerding
- 30 - Cathy Hall

### OPRF Rotary April Anniversaries

- Bill Planek - 28 yrs
- Nabil Saleh - 12 yrs
- Eric Van Ness - 5 yrs
- Joylynn Pruitt-Adams - 4 yrs



### ROTARY REMINDER . . .



OPRF Rotarians, if you have Happy Dollars, you don't have to wait for us to do it via Zoom or even face-to-face anymore. Just send Lesley you Happy Bucks recognition, and it will be printed in the next issue of the RAZZ. You will be on your honor to send your contributions to Treasurer Cathy Hall - on a quarterly basis, if you like, to the P. O. Box:

OPRF Rotary, P. O. Box 654, Oak Park, IL 60303



President Sue opened the meeting by asking Tom Ewert to led the group in the Pledge of Allegiance.

Last week we were all sad and shocked about Jim Marshall, so I forgot to wish those who celebrate Passover a Happy Passover. And for those celebrating Easter this coming weekend, a very Happy Easter. We are beginning to see signs of Spring and beginning to see signs of rebirth. I feel like we're moving into that next phase, and hopefully we're getting closer to being able to meet in person as opposed to meeting in these little boxes. Erich and Sue have been talking and are hopefully taking some steps to be able to get us back together again this summer. My First order of business is we have had a change in our officer line-up for the 2021-22 slate of officers. In December, the club had voted to accept Jim Lencioni as President Nominee for that year. Since then, Jim has fast-tracked his plans, and he feels he will not be able to fulfill the position as he feels it deserves. He is looking to retire, and he will not be in Illinois as much as hoped in 2021-22. But . . . moving forward, we have another highly qualified leader who has agreed to step into that role . . . Dr. Nabil Saleh. Sue made the motion to have Dr. Saleh serve as President Nominee for club year 2021-22 to then serve as club President for the 2023-24 term. The motion was seconded by Linda Sahagian [who chimed in first along with many others wanting to second Dr. Saleh's nomination.] The motion passed unanimously.



#### Announcements:

We are still recruiting volunteers for the **Huppert Woods clean-up on April 10<sup>th</sup>**. Mark your calendars for **April 10, from 9AM to noon**. Interact is sponsoring a Huppert Woods [River Grove] clean-up. "We are limited to 25 in the group. Currently, there are **16** registered. **"It's a good way to take a walk in the woods. I've done it for a couple of years, and I like it."** To sign up, let Lesley know.

Sue made the major executive decision that we will be participating with the Chicago group of Rotary Clubs for the Great Lakes Water Shed Clean-up in Grant

Park on April 24<sup>th</sup>. So far, volunteers include Bill Planek and a couple of kids. If anyone else is interested, please reach out to let Sue know. Time is from 8AM to noon.

Sue is still looking for ideas for the District's Rotary Day of Wellness/Service on May 22. Lesley noted that the Interact Club has chosen May 22<sup>nd</sup> as the date for their monthly clean-up - but at Fullerton Woods [River Grove] since they are now seeking to adopt Fullerton Woods [rather than Huppert Woods which is no longer available for adoption.] Sue decided that would be our club's Rotary day of Wellness and Service.

A reminder that District Conference is Thursday, June 3<sup>rd</sup> through Saturday, June 5<sup>th</sup>, for two hours each day. It is a virtual event, and it is FREE!

#### Schedule:

**Thursday:** June 3 - 6:30 to 8:30 pm

**Friday:** 6:30 to 8:30 pm

**Saturday:** June 5 - 8:15 to 11:00 am

**April 25** is the next date for the **Interact Social Justice Book Club**. **X: A Novel** by Ilyasah Shabazz [daughter of Malcolm X] and Kekla Magoon is the upcoming book choice for the OP-RF-FP Interact Club's Social Justice Book Club. **The Book Club will meet on Sunday, April 25, from 1:00 PM to 2:30 PM.** We look forward to having you join us. Please RSVP to Ade Onayemi at [arcabo@live.com](mailto:arcabo@live.com)



#### Happy Bucks

**Sue Quinn** had some Happy Bucks to share: At 7:30 AM that morning, Sue got her first COVID-19 shot, and President Elect Eric Van Ness is currently on his way to a 12:15 appointment in Washington IL for his first COVID shot. These are all signs that hopefully we are moving out of the danger zone. Nabil will tell us more in a few minutes.

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Interactors still need your recipes for their cookbook. **DEADLINE EXTENDED!!** Please don't forget them!! Sponsorship details are forthcoming within the next two weeks. Prices will range from \$15 for patrons to \$100 for a **full-page ad**. [Covers + \$25.] They still need recipes in the following categories: Entrees, Vegetables/Side Dishes and Appetizers, but all recipes are welcome.



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Congratulations to former [2009-2010] Rotary Youth Exchange student from Japan Maki Kishimoto now Dr. Maki Tagashira. Maki and her new husband were married December 31, 2019, and had originally planned a second small wedding on March 29<sup>th</sup> of 2020 at the Hie Shrine in Tokyo. Due to COVID, that plan was put on hold. With many other young Japanese couples holding off on celebrating their second ceremony, Maki and her husband were finally able to hold their ceremony just last weekend. As promised, she shared photos with us.



Maki completed her Doctoral degree in architecture and is teaching at the Tokyo Institute of Technology, and her husband, also an architect, is working in the field.



## Reminders & Dates to Remember

### Global Grants Management Seminar Online

Offered April 17 from 9:30 am to 12:00 pm.

This is a **mandatory** session required annually for Club Qualification by The Rotary Foundation for all clubs doing global grants. The target audience is **Grant Teams, Club Foundation Chairs, President-Elects and Assistant Governors**. We will cover the recently announced changes by The Rotary Foundation to the grant funding model and District 6450's policy for Global Grants District Designated Funds. For any questions, contact . . .

**Rachel Ossyra**

Rotary District 6450 Board 2020-22

District Rotary Foundation Committee Chair

[Grants@rotary6450.net](mailto:Grants@rotary6450.net)

Registration is open on the District website.

**Rotary**



Rotary Means Business  
Chicagoland

### Announces a VERY special event . . .

The April 15<sup>th</sup> meeting in-person and via Zoom at the Paul and Jean Harris Home in the Beverly/Morgan section of Chicago! They will be meeting at the home of Rotary founder, Paul Harris, to continue to keep his dream alive! Rotary was initially founded as a Networking group back in 1905 when Paul Harris enlisted the help of a few area business professionals who began meeting and exchanging ideas. Never imagining the impact Rotary would have on the world., his networking efforts succeeded, and Rotary began to change the lives of people world-wide.

**Registration is REQUIRED** and is currently limited to 25 with social distancing in place. Should our state move into Phase 5 we will open registration to include additional participants.

RMB Chicagoland Fellowship Co-Founder Linda Kemp says: "Please join us as we are welcomed by Rotarian Cheryl McIntyre and the Paul and Jean Harris Board of Directors. The meeting begins promptly at 5:00 PM with appetizers and adult-beverages served. . . . At 6:00 PM the home tour begins and will also be broadcast via Zoom. The meeting will be recorded . . . Upon registration you will receive directions and a detailed map, parking instructions and additional useful information!

For questions, contact Linda Kemp. Please note you do not need to be a member of Rotary or a member of D6450 to attend. **Remember: REGISTRATION IS REQUIRED** and may be done through the D6450 website. Everyone else will receive a copy of the Zoom link.

**Thursday, April 15, 2021, 5:00 PM - 8:00 PM**

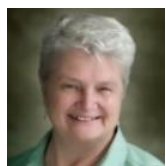
**The Paul and Jean Harris Home**

**10856 S. Longwood Drive, Chicago, IL 60643**

**Linda M Kemp, Event Coordinator**

**630-688-5121**

[lkemp@kw.com](mailto:lkemp@kw.com)



Funds are still being collected for the Virginia Cassin & Sister Michelle Germanson Fund with the OPRF Community Foundation. Make checks



payable to OPRF Community Foundation. Please indicate Cassin Germanson fund on the note line of the check. Mail to: Oak Park River Forest Community Foundation, 1049 Lakes St. #204, Oak Park IL 60301. Or click on the link below to make an online gift to honor Ginie and Sister Michelle. <http://bit.ly/3rGSXy>





## As we Pay Tribute to Jim Marshall

A man who made a difference . . .

A Rotary Legend

Cards may be sent to:

The Family of  
Jim Marshall

15W117 Concord St  
Elmhurst, IL 60126



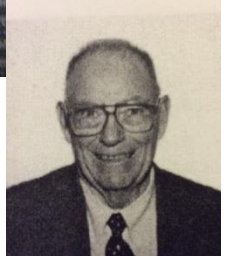
Jim believed in helping people, especially through education. As a way of saying thank you, AND because he believed in young people and their promise, Jim established college scholarships for the staff at Brookdale Oak Park where he and his wife Alice resided for many years. Jim is pictured below with some of his Brookdale "kids."



From Dr. Nabil Saleh: It is indeed so sad for all of us to miss Jim Marshall. His legacy will remain impressive. His company will be sorely missed. My condolences to all our Rotary brothers and sisters and my sincere prayers go to the family for good memories and remembrance.



On Thursday, April 1, Jim's son Tom Marshall wrote: Bonjour, Lesley, I have Pops in my care one last time. We'll be heading to Queen of Heaven around 2PM today, and he'll be interned. . . We feel bad that a proper memorial isn't a good option. We'll be having a memorial mass at St. Catherine when Father George is back in town in June. I'll send you the details. Also, a function possibly at Brookdale is on the table, too.



As a reminder, memorial donations in memory of James Marshall are appreciated and may be made to either

**ST. CATHERINE-ST. LUCY SCHOOL**

27 Washington Blvd., Oak Park, IL 60302

<https://www.catherinelucy.org/>

or **THE ROTARY FOUNDATION**

14280 Collections Center Drive, Chicago, IL 60693

To plant a tree in memory of James "Jim" R. Marshall, visit the Tribute Store at the Drechsler Brown & Williams Funeral Home website.

Caring, Sharing  
Compassion, Kindness,  
Generosity,

Sacrifice and Love  
You get what you give,  
And Jim Marshall gave good!



## Program Notes . . .

By way of introducing Dr. Saleh, Patty Eggerding shared that one of the things she misses about our not meeting face-to-face is sitting with Nabil at lunch. She noted that every time she would sit with him, she learned something new each time. She loved hearing about his life as well as the fact that he was the pediatrician for Ade Onayemi's children.

After thanking everyone for putting their trust in him to serve as a future Club President, Nabil shared his background beginning with being born and growing up in Egypt. He went on to talk about his education and early years as a doctor all over the world.



This is a disease that is changing our lives - not just during the pandemic but for a very long time to come. It has changed

our way of life . . . our relationships . . . the way we work . . . our relationships with our families . . . I also would like to contribute a few Happy Bucks because I have a new granddaughter who is about 4 ½ months old and lives in California . . . I am waiting for the day when I will be able to see her!!

Today I want to distinguish the facts from the myths since we as Rotarians believe in the TRUTH. I also want to explore the dynamics of the effects on our society.

Nabil began with where we are now and shared some statistics. He planned to discuss how we go about testing, and then he will touch on what the future may or will look like.

Total Number	USA	Illinois
Positive Cases	29,976,179	1,235,578
Hospitalized	About 2-4%	About 2-4%
Expired	545,273 1.8%	21,228 1.7%
Recovery Rate	98%	98%
03/28/21		Pos+ 2250 23 Died

As of March 28<sup>th</sup>, Dr. Saleh pointed out the numbers [to the left]. HE also shared slides and statistics showing the new strains of the virus including their strength and "spreadability." Nabil then showed us who are those who are the most vulnerable -

citing age, weakened immune systems, pregnant women, those with other medical conditions, and those from certain demographics such as people of color and those from low socio-economic strata.

He talked about how we test for COVID and the available methods for testing. Currently there are three - the following:

1. RAPID ANTIGEN TEST [15 Minutes]
2. PCR FOR NUCLEIC ACID [2-5 Days]
3. ANTIBODY IgG AND IgM [20 minutes]

Next, Dr. Saleh discussed the severe effects of COVID-19. He went on to point out that: "The greatest

success so far during this Pandemic is the fact that we managed to get a highly effective/ safe vaccine from conception to delivery in one year!" Especially considering that it typically takes a minimum of 3-5 years for that to occur.

Nabil showed a slide comparing the different vaccines and their specific properties:

NAME	TYPE	# OF DOSES	HOW FAR APART	VACCINES DOES NOT CONTAIN	WHO CAN GET IT	CONTRA INDICATIONS
PFIZER	mRNA	TWO	21 Days	Latex, Egg, preservatives	ANY ONE OVER 16 YEARS	Previous Allergic Reaction
MODERNA	mRNA	TWO	28 Days	Latex, Egg, preservatives	ANY ONE OVER 18 YEARS	Allergy to Polyethylene glycol
J & J	Viral vector Aden. Virus	ONE	One Shot	Egg, Latex, Preservatives	ANYONE OVER 18 YEARS	ALLERGY TO ANY COMPONENTS
ASTRA ZENICA	DNA/ADV From Chimpanzi					

He also discussed how the mRNA vaccines work, telling us that if you feel after-effects, it just means that the vaccine is

working. He pointed out an astonishing statistic. "It is amazing to know the size of the COVID 19 Virus . . .  $2 \times 10$  to the power of 17 or 2,00,000,000,000,000,000 In other words, if you collected ALL the Corona virus in the world, it would fit into about half a can of Coca-Cola!!

As of March 27, 2021, we have administered 5,418,211 doses in Illinois, and about 140,180,735 total doses in the U.S.



Moving on, Dr. Saleh addressed how we manage to treat patients with COVID-19.

1. Education with clarity and transparency
2. Prevention of infections; managing other potential risks
3. Containment/Isolation
4. Testing and Monitoring
5. Tracing
6. Mostly Outpatient Management
7. Medications: Supportive measures, control co-morbidities, anti-viral/monoclonal biological, vent, etc.

Nabil also covered the long-term effects of COVID-19 on the individual and family. He shared two stories of the long-term effects on children. Dr. Saleh then made recommendations for what we can do:

- **Reduce Your Risk of Getting Sick**
- **Follow precautions: Mask, Distance, Wash, clean surfaces**
- **Continue your medicines:**
- **Have at least a 30-day [or more] supply** of prescription and OTC medicines to reduce your trips to the pharmacy
- **Do not delay getting emergency medical care** because of COVID-19.
- **Call your healthcare provider if you have any concerns** about your underlying medical condition If you need emergency help, call 911 right away.
- **If you don't have a healthcare provider get one!**

He closed with "I am anxiously optimistic. Is it a "New NORMAL" or an UNCERTAIN New Normal? **We are never safe until the whole world is safe**" and then Dr. Saleh opened the floor to questions and discussion.

Patty Eggerding then shared that Dr. Nabil would be receiving our usual speaker certificate which inoculates 50 children against Polio.

**Please note: This program was recorded. Anyone interested in having a copy of this program, reach out to Lesley who will forward the link.**

Martha Murphy led us in The Four-Way Test of the Things we Think, Say and Do, and sent us on our way.